

MAY 2025 NEWSLETTER



Artistic
Swimming
WA

What's been happening in the month of May?

- **Strategic Meeting**
- **Come and Try Swan River Sirens**
- **Swan River Sirens end of Season Windup**
- **Volunteers Breakfast**
- **Jenny Gray Coach Support Program**

Shaping the Future Together: ASWA Strategy Day 2025

On May 24th, Artistic Swimming WA hosted a successful Strategy Day, uniting club representatives from across the state to help shape the future of our sport. Attendees from West Coast Splash, SupaNova, Southern Swans, Swan River Sirens and South West Kwilena came together for a day of meaningful discussion, collaboration, and planning.

The event provided a valuable platform for club leaders to share their perspectives, highlight challenges, and contribute innovative ideas. Together, we explored key priorities across participation, athlete pathways, coaching, governance, and long-term sustainability.

The outcome? A strong foundation for ASWA's new strategic plan—a plan built with the collective wisdom, experience, and passion of our community.

We extend a sincere thank you to all the club representatives who participated and contributed so thoughtfully throughout the day. Your voices have helped set a clear and united direction for Artistic Swimming in Western Australia. An even bigger thank you to Katarina Hall for organising and running the session.

With our clubs working together, the future of Artistic Swimming in WA is bright.

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Swan River Sirens Come and Try!

Artistic Swimming WA was thrilled to support Swan River Sirens' Come & Try on Saturday, May 25th at Belmont Oasis, and what a fantastic day it was!

The event welcomed a wonderful group of enthusiastic participants, many of whom were trying artistic swimming for the very first time. With smiling faces, eager energy, and plenty of sparkles, the pool came alive with curiosity and creativity as attendees learned the basics of this beautiful sport in a fun and supportive environment.

Thanks to the incredible efforts of the Swan River Sirens coaching team and volunteers, the session ran smoothly and gave newcomers a true taste of what artistic swimming is all about — from teamwork and strength to grace and rhythm in the water.

Events like these are essential for growing our sport and showcasing its unique blend of athleticism and artistry to the wider community. We're so pleased to see more young athletes inspired to dive in!

A big thank you to everyone who helped make the day a success — especially the coaches, helpers, and families who came along to support. We can't wait to see some of these new faces back in the pool soon!



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Swan River Sirens Celebrate the End of Their Inaugural Season

The Swan River Sirens officially wrapped up their 2024/2025 season on Friday, 2nd May, with a lively wind-up event at Grill'd Ascot. The evening marked the end of a remarkable debut year for the club, filled with growth, determination, and team spirit.

The wind-up was a celebration of every swimmer's journey: every training, every challenge overcome, every competition, and every joyful moment shared. The club proudly recognised how far they've come in such a short time, and the atmosphere was filled with excitement for what's still to come.

Special thanks go to the swimmers, coaches, families, and the dedicated committee members who made this first season such a success. The Swan River Sirens are just getting started—and big things lie ahead in 2025/2026.



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Celebrating Our Volunteers: ASWA at the SportWest Thank You Breakfast

During National Volunteer Week, we were proud to see some of our incredible volunteers recognised at the SportWest Thank You Breakfast, held to celebrate the invaluable contributions of volunteers across Western Australian sport.

Representing Artistic Swimming WA, our dedicated volunteers Sue Burletson, Susi Dimpolous, Gill Griffiths, and Brian Miller attended the event, joining a room full of passionate individuals who give so much to their sports and communities. It was a wonderful morning filled with gratitude, inspiration, and connection.

A special shoutout to Susi, who added a little extra excitement to the occasion by winning tickets to the foot! We're thrilled to see her celebrated in such a fun and unexpected way.

To Sue, Susi, Gill, Brian, and all of our ASWA volunteers—thank you. Your time, effort, and enthusiasm are the heart of our sport, and we couldn't do it without you.



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New Coach Support Program with Jenny Gray: Building the Future of Coaching in WA

We're excited to announce a fantastic new opportunity for aspiring and developing coaches within our artistic swimming community—an exclusive, free coach support program led by the highly esteemed Jenny Gray.

With decades of experience and a deep passion for nurturing talent, Jenny is offering a bespoke, flexible coaching program designed specifically to support young or less experienced coaches as they grow both their technical knowledge and coaching skills.

This program is entirely free and tailored to individual needs, ensuring each coach receives support that's relevant and practical to their development. The program includes:

- Online sessions customised to the coach's specific goals and experience level
- Opportunities to submit coaching session videos for personalised feedback
- One-on-one follow-up discussions to reflect, refine, and build confidence
- A flexible format designed to fit around existing commitments

This is a rare opportunity to learn from one of the most respected figures in artistic swimming and gain guidance that can make a lasting impact on your coaching journey.

Whether you're just beginning your coaching career or looking to take the next step, we strongly encourage you to take advantage of this supportive and enriching experience.

Keep an eye out for more information on how to get involved—or reach out to us directly if you're interested.

WHAT'S ON IN JUNE...?



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CRUNCH&SIP COME AND TRYS

- COCKBURN – 27TH JUNE AT 5:30 PM
- CRAIGIE POOL – 28TH JUNE AT 11:30 AM
- SCARBOROUGH POOL – 29TH JUNE AT 10:30 AM
- CLAREMONT POOL – 29TH JUNE AT 8:30 AM



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