

JANUARY 2025 NEWSLETTER



Artistic
Swimming
WA

What's been happening in the month of January?

- Crunch & Sip Come and Try Events
- Youth & Junior Camps at the AIS

Crunch & Sip Come and Try Sessions Make a Splash Across WA!



January was an exciting month for Artistic Swimming WA as we hosted Crunch&Sip Come and Try sessions at 17 different locations across the state, from Craigie Leisure Centre all the way down to Bunbury. We were fortunate to have beautiful sunny days for most of our sessions, creating the perfect conditions for participants to dive into the world of artistic swimming.

Each session welcomed an average of 10-15 eager participants, including a fantastic number of boys keen to give the sport a go. It was inspiring to see so many new faces discovering the joy, creativity, and teamwork that artistic swimming offers.

A huge thank you to Camille for her dedication in making these sessions possible and ensuring everything ran smoothly. We are also incredibly grateful to our major sponsor, Crunch&Sip, for their generous support in bringing these programs to life. Their commitment to promoting active and healthy lifestyles continues to make a real difference in our community.

We can't wait to see many of these new swimmers back in the pool, and we look forward to more exciting opportunities to grow our artistic swimming family across WA!



JANUARY 2024 NEWSLETTER



Artistic
Swimming
WA

Youth & Junior Camps at the AIS: Building Strength and Connection

Over the summer holidays, some of WA's talented young artistic swimmers had the incredible opportunity to train at the Australian Institute of Sport (AIS) in Canberra as part of the Junior and Youth National Training Camps. The Junior National Team training camp, held from January 15th to 25th, brought together athletes from across the country, including two WA Artistic Swimming representatives.

During these 10 days, athletes focused on enhancing their technical and physical skills, both in the gym and in the water. A major highlight of the camp was learning the technical routine, which played a central role in the training program. The squad was also fortunate to receive expert guidance from Senior National Team Head Coach, Paula Klamburg, who joined them for a few days to share her insights and coaching expertise.

Beyond skill development, these camps were a fantastic opportunity to connect swimmers from all over Australia, fostering teamwork, resilience, and a shared passion for the sport. A huge thank you to Bene for attending and supporting our WA athletes throughout this invaluable experience!



WHAT'S ON IN FEBRUARY...?



Artistic
Swimming
WA

BUILDING BLOCKS TO BRISBANE: DEVELOPMENT SESSION 7

- 2 FEBRUARY - PERTH HIGH PERFORMANCE CENTRE (PREVIOUSLY HBF)

COME AND TRY'S WITH CRUNCH&SIP

- 2 FEBRUARY - CRAIGE LEISURE CENTRE

RECREATIONAL CLASSES TERM 1

- WEEK OF 3 FEBRUARY



Thank you to our Sponsors and Partners for their Continued Support of Artistic Swimming in WA



Artistic
Swimming
WA

Sponsors

**HANCOCK
PROSPECTING**

Crunch & Sip



Department of
Local Government, Sport
and Cultural Industries



healthway

lotterywest
supported

Partners



ROYAL LIFE SAVING
WESTERN AUSTRALIA

VENUES WEST

wais

**BRIGHTSIDE
LIVE**

audio visual events



**SPORT
WEST**