

**Bulletin 3: 2023 Hancock**  
**Prospecting Artistic Swimming**  
**Australian National**  
**Championships**



**7th—10th April 2023**



### Schedule:

(attached)

**Friday 7<sup>th</sup> April- Training Day: 8.00am-1.00pm**

Address Christchurch: CGGS and MLC Aquatic Precinct Stirling Highway Claremont

**Saturday 8<sup>th</sup> April- Figures & Music Practice Day: 7.30am-7.15pm**

**Sunday 9<sup>th</sup> April- Routine Day 1: 7:30am-6:45pm**

**Monday 10<sup>th</sup> April- Routine Day 2: 7:30am-6:30pm**

Address HBF Stadium: 100 Stephenson Avenue Mount Claremont

### Training day:

**Please note the change in location for Friday 7<sup>th</sup> April**

Friday the 7<sup>th</sup> of April will now be a one-hour training day per club with 40 minute warm up time before an allocated music time of 20 minutes. Please use the link below to secure your music time by the **30<sup>th</sup> of April**.

[Training Day Music Time Link](#)

### Figure Draw:

Draw for the figures will be done live on Monday the 3<sup>rd</sup> of April at 7am (AWST) 8am (AEST) 9am (AEDT) Link to follow shortly. Please note due to ASAI Youth Team Trials Youth figures will be performed in front of two panels only, meaning **all competitors** will swim the same two figures. 12 & Under competitors will swim four figures in front of four panels as per the normal rules.



## Music Practice Schedule:

(attached)

### **Saturday 8<sup>th</sup> April: HBF Dive Pool**

- Fill out music practice order form in the **same order** you wish your routines to be run in during the music practice on Saturday 8<sup>th</sup> of April (attached below) – **Due on the 30<sup>th</sup> of March**
- Each routine will be played 1 x through
- Email form to [nationals2023.synchrowa@gmail.com](mailto:nationals2023.synchrowa@gmail.com)

### **Music Information:**

Music is to be saved into the 'Official Music National Championships 2023' Dropbox in your club folder by 6pm on **1<sup>st</sup> April** by Head Coaches. Coached should also ensure a backup of each routines music is available on USB during the competition [Submit Here](#)

Please ensure that your recordings have a **5 second lead in time** from the time the 'play' button is pressed and when the music starts and a **5 second end time at the end of the recording** plays to allow the Music Operator to stop the music before the next piece of music.

- All music should be in **MP3 format** the file name
- Please note that the 13-15 age group name has been changed to Youth
- Incorrect recording or naming of music WILL NOT be accepted.

### **Format:**

AGEGROUP\_EVENT\_CLUB\_SWIMMER

12U\_SOLO\_SUPANOVA\_SWIMMERSURNAME

JUNIOR\_FREEDUET\_SUPANOVA\_SWIMMERSSURNAMES

SENIOR\_TECHDUET\_WESTCOAST\_SWIMMERSSURNAMES

YOUTH\_TEAM\_WESTCOAST\_COACHSURNAME



### Water Pixies:

All Teams (including Combo/Acrobatic) will have the opportunity to have professional under water photos taken by Water Pixies. Please head over to the Water Pixies area (50m indoor pool) for photos **immediately** after you have competed.

Solo and Duet photography will need to be individually booked at the Water Pixies area in your own time. Check out: [Water Pixies Gallery](#)

### Welcome Party:

**Thursday 6<sup>th</sup> April: 5-7pm Trigg Island Surf Life Saving Club**

- Send any committee members names wanting to attend the welcome party to [liz.dawson@synchronwa.org.au](mailto:liz.dawson@synchronwa.org.au)
- Reminder to have your club dance ready to perform

### Coach Workshop:

**Thursday 6<sup>th</sup> April: 9am-3pm Royal Life Saving, Mount Claremont**

[Link to register](#)

Run by Gabriela Viglino our World Aquatics Evaluator.

Please enter venue into main foyer, walk towards outside pool and meeting room on left will be open. Lunch will be provided.

### Communication during competition:

WhatsApp will be used as the primary source of communication for the Championships.

Groups are being set up as follows:

- Workshop attendees
- Judges
- Volunteers
- Team managers

If you do not currently have WhatsApp on your phone, please install it as this is how we will be communicating with these groups.

WhatsApp is how Clubs will not be notified if there are time changes in the schedule, of any penalties that may be applied to your clubs' routines etc.



### Accreditations:

Please be aware that no one will be allowed on pool deck without accreditation.

If you have a team official or coach you have not already applied for accreditation for, please email us asap.

These will be distributed to team managers at the Welcome Party, if you are unable to attend, we will have accreditations available at the front desk on the first day of competition.

### Live streaming:

The 2023 Hancock Prospecting Artistic Swimming Australian National Championships will be live streamed via a link on the Artistic Swimming WA website. Further details to follow shortly.

### Volunteers:

We are still in need of our amazing volunteers to help during Nationals. If you could please distribute to your clubs the link below for anyone to raise their hand it would be greatly appreciated. [Volunteers link](#)

- Please make sure all volunteers are registered with revolutionise as this is Mandatory to work on pool deck. [Revolutionise Link](#)
- Free shirt provided
- Free entry into pool
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### Reminders:

- Please send your club bios logos & group photo of athletes for the National programs to [liz.dawson@synchrowa.org.au](mailto:liz.dawson@synchrowa.org.au) ASAP.
- **Please can all Judges attending please bring your own scoring flip cards to use at the competition.**



Attached documents:

- Schedule
- Music Practice Schedule
- Music Practice Order Form

Upcoming information:

- Maps of pools/ layout
- Training day layout
- Final Information

Full details can be found on the competition website <https://synchronwa.org.au/nationals-2023/>

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