

# NOVEMBER 2023 NEWSLETTER



Artistic  
Swimming  
WA

## What's been happening in the month of November?

- We had our first routines competition of the season
- Celebrated our senior's week event
- New WA high- performance uniforms!

### November Figures & Team Routine Competition

On the 26th of November, we had our Figures Group 2 and Team Routines competition take place. The competition was a great success with many first-time participants and routines being displayed. ASWA wish to say a big thank you to all of our Judges and Volunteers for your time and effort on the day and we look forward to seeing you at our next competition on the 24th of February.

### Seniors week event

ASWA celebrated our seniors week event in synch. The purpose of this project was to enhance the involvement of senior adults (60+) in the sport of Artistic Swimming. Our goal was to engage this community by offering specialised opportunities to learn Artistic Swimming, promote awareness of it as an inclusive sport and promote active ageing. The event was a fabulous success and want to say a big thank you to our sponsors Crunch & Sip and COTA Western Australia.

### High Performance Team

This month the ASWA high performance team received their brand new uniforms for the season. We want to thank S Trends for providing these stylish uniforms and making them stand out on the pool deck. We also want to wish those athletes traveling to the AIS in Canberra the best of luck for the Australia National Team trials from the 7-10th of December.



# WHAT'S ON NEXT MONTH...?



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## YOUTH & JUNIOR NATIONAL TEAM TRIALS:

- 7-10TH: AIS CANBERRA

## UWA HOLIDAY PROGRAM:

- 11TH-15TH UWA AQUATIC CENTRE

