



## Rachel Thompson

I became involved with the world of synchronised swimming as an 8-year-old in Toronto, Ontario, Canada. I swam competitively through school and into university and coached rec synchro and swimming in the summers. Upon graduation, I left Canada and synchro behind to teach in International Schools in Colombia and Turkey for 8 years. I met my Australian husband when I came over for a year's working holiday in 2005, and here I remain!

Wanting my two daughters to experience the sport I was so passionate about, I found West Coast Splash, and my eldest started the recreational program in 2019. All three of us are now competing in the National Stream.

As a former and current synchronised swimmer, a teacher, and a parent of young swimmers, I feel I have a fairly unique skill set and a lot of knowledge to share. I would love to help this relatively new sport grow in WA, as I feel so passionate about what a wonderful pursuit it is for both young and old(er)!